

DLE Internationale Beziehungen Universitätring 1, 1010 Wien Tel: 01-4277/18206

## BERICHT

(Bitte spätestens 2 Monate nach Beendigung Ihres Auslandsaufenthalts vollständig übermitteln)

## 1. Gastuniversität (Land/Stadt/Uni) Université de Montréal/Montréal/Kanada

2. Studienjahr 🛛 🗵 Winte	rsemester 2016/	17	er 20
Aufenthaltsdauer (Tag, Monat, Jahr) von 17.08.2016 bis 20.01.2017			
3. Studienrichtung(en) Psychologie Matrikel. Nr			
□ Bachelorstudium □ Diplomstudium □ Lehramtsstudium			
E-Mail-Adresse (optional)			
<b>4. Stipendium</b> bewilligt für 4 Monate weitere Stipendien x		Stipendium Uni Wien gesamt Bezugsquelle x Gesamtsumme Stipendien	2000 € 2000 €
5. Wohnmöglichkeit (zutr. bitte ankreuzen):		Studierendenheim Privat	
6. Kosten Unterkunft gesamt	1600 🗲	Reisekosten gesamt 1 (An- und Abreise, öffentl. Verkehrsmitte	100 <del>€</del>
Lebenshaltungskosten gesamt	3200 🗧	Visakosten	
Studienkosten gesamt	50 🗲	Versicherungkosten gesamt	100 🗧
(z.B. Studien - Sprachkurs-, Bibliotheksgebühren Kursmaterial, Application Fees <sup>)</sup>		Gesamtkosten Auslandsaufenthalt 6350 🗲	

## Verfassen eines persönlichen Erfahrungsberichtes über

**Ihren Studienaufenthalt** Anhaltspunkte: Gastuniversität, Kurse, Prüfungen, Mitstudierende, Unterkunft etc. (Bitte verwenden Sie ein extra Beiblatt: mind. 1 Seite; Überschrift des Berichtes: Ihre Matrikelnummer, Name der Gastuniversität und des Gastlandes, Ihre Studienrichtung sowie der Zeitraum des Aufenthaltes.)

# Abgabe des Leistungsnachweises der ausländischen Institution (Transcript) sowie des Anrechnungsbescheides (Formular: Antrag-Anerkennung-Studienerfolgsnachweis)

☑ JA, ich bin damit einverstanden, dass dieses Formular zusammen mit meinem Bericht f
ür Mitstudierende auf der Webseite zur Ansicht zur Verf
ügung steht. Bitte bedenken Sie, dass Sie diesen Bericht auch anonymisiert ohne Name abgeben k
önnen.

**NEIN**, ich stimme einer Veröffentlichung <u>nicht</u> zu.

## **Evaluation Report**

## **Experiences from Montreal**

I can gladly say that coming to Montreal has been the best choice of my life that I do not regret at all. I made a lot of awesome experiences and made a bunch of friends all over the world, besides improving my French skills and professional skills. Firstly, let me tell you about the city of Montreal.

#### The City of Montreal

Montreal is located around the beautiful "mountain" (it's pretty much more of a hill than a mountain) of Mont Royal. Even though people speak primarily French (with a VERY weird and at the beginning hard to understand accent) the city is bilingual, so you will get around speaking English as well. However, I highly recommend coming with a good level of French (I finished a class on a B2+ Level). The city has 4 main metro lines: BLUE, ORANGE, YELLOW and GREEN. Nevertheless, the city centre is mostly reachable via the Orange and Green line (between Berri UQAM and Lionel-Groulx (if you look on the Metro map)), while the BLUE line is connecting you to the University. Everything in Montreal is just a foot walk away ( for those who like walking). Arriving first to Montreal, I have to say that I got inspired by the multitude of different neighbourhoods and the livelihood of the city. In summer, there have been A LOT of free festivals, ranging from food festivals, over music festivals to outdoor cinemas. The people of Montreal really know how to make the best of the summer!

My favourite neighbourhood were Le Plateau, a very alive vibrant neighbourhood (between Rue Sherbrooke and Avenue Mont-Royal, featuring tons of bars, restaurants, pubs and clubs (so you will easily keep yourself occupied), and Miles-End, a more artistic area with a lot of good restaurants, breakfast and brunch places and a multicultural environment.

Montreal reflects a good mixture between the vibrant culture of a mega city, such as New York and the calmness of a smaller city, in general I would say it reminds me quite a lot of Vienna. You can easily get lost around the commercial and fast moving city centre, but find a nice quiet place in the surrounding neighbourhoods. Therefore, I have to say that the city of Montreal is one of the most beautiful places I have ever been to.

#### Finding housing and finances

There are plenty of options to find accommodation. Before coming to Montreal, I decided to come a two weeks early and to profit from the nice sunny weather in the summer to travel around a bit and also use that month to find accommodation. Nevertheless, I continuously checked on Facebook while still being at home, but I did not find anything on Facebook, since the people wanted to meet in person, what was not possible, me still being in Vienna. I finally found a flat on Kijiji.ca (you can also consult Craigslist.ca) where I moved in with a girl I met during my first days in Montreal and we found ourselves three other roommates, which was quite easy as many students were searching for accommodation during this time. Pricing for my room was 520 CAN\$/month (2400 i CAN\$/ in total for the apartment, heating exclusive), which was more than normal for the great location, as we lived in Le Plateau!

Overall, Montreal, and Canada in general, is a rather expensive country. Even though the exchange rate seems promising, all prices indicate an additional 15% tax and in restaurants and bars its normal to give a 15% tip, that way you have to add 30% on every drink in a bar ( which makes drinks and food VERY expensive <sup>(i)</sup>). Also traveling around is quiet pricy. However, there are budget options such as Kangaride and Amigoexpress (carpool websites like Blablacar) or the Greyhound bus. I managed to travel quite a lot in Canada. I would recomment to arrived maybe one month early, so you got more time to travel before the introduction week at the University starts, since traveling is much nicer in summer in Canada. During my stay I went to Ottawa, Boston, New York, Toronto, Niagara Falls (which had been a big disappointment, but see for yourself), Quebec City and Mont-Tremblant. That way I pretty much visited the most important places in the area.

Finally, just to give you an overall perspective, I spent roughly 400€ more of money I spend in Vienna per month, mostly because of the traveling, however every cent was perfectly invested.

### Université de Montreal

First of all, I have to advise you to take part in the introduction week (called Semaine A) for which you can register online, and which starts about 1 week before the beginning of the classes. This week is the perfect opportunity to make friends, and this is actually where I made most of my lovely friends.

Secondly, the courses: The teachers are SUPER friendly and you will easily be helped at all times. I opted for 3 classes, as I am in the masters degree which was a good amount of work. Overall, all classes have a Mid-Term exam (in October), a final exam and a paper or presentations and a paper. I would totally recommend coming with a high level of French, as the special accent of the Quebecois with which I struggled a bit understanding at the beginning, will be challenging enough.

## Final Words

Dear fellow student, I can absolutely recommend you to come to Montreal! It has been a wonderful experience that I do not want to miss in my life. I learned a lot and widened my horizons immensely. You will have a wonderful time exploring Montreal's lifestyle during the hot summers (up to 35 degrees) and the freezing winters (yet it got to -30 degrees), which offers you a multitude of things to do.

Come and join the Montreal-Team!