



BERICHTSFORMULAR

Non-EU Student Exchange Programm

2021/2022

BewerbungsID 8541

Nominierte Studienrichtung: 033/643 Studienrichtung Bachelorstudium Japanologie

Angaben zum Aufenthalt:

Gastinstitution: Tokyo University of Foreign Studies - (Japan)

Aufenthaltszeitraum: Sommersemester 2022 und Wintersemester 2022/2023

Aufenthaltsbeginn: 01.06.2022 **Aufenthaltsende:** 28.02.2023

STIPENDIUM	
Stipendium Uni Wien gesamt laut Zuerkennung: (inkl. Zuschüsse für Reisekosten und Sprachtest)	€ 4.000,00 Rückforderung: nein Rückgeforderter Betrag: € Rückforderungsgrund:
Weitere Stipendien (zB Jasso, Studienbeihilfe):	Weitere Stipendien: Ja <ul style="list-style-type: none"> • Stipendium des Gastlandes: ja (<i>JASSO</i>) • Bundesländerstipendium: nein • Studienbeihilfe: nein • Sonstiges Stipendium:
Summe weiterer Stipendien:	€ 5.143,00
Gesamtsumme aller Stipendien:	€ 5.143,00

KOSTEN DES AUSLANDSAUFENTHALTS	
Unterkunft:	€ 2.000,00
Art der Unterkunft:	Studierendenwohnheim
Reisekosten:	€ 2.000,00
Lebenshaltungskosten:	€ 4.000,00
Studienkosten:	€ 100,00
Versicherungskosten	€ 100,00
Visakosten:	€ 0,00
Gesamtkosten des Auslandsaufenthalts:	€ 8.200,00

Bericht veröffentlichen:



onPERSÖNLICHER BERICHT Non-EU Student Exchange Programm 2021/2022

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Verfassen Sie bitte einen persönlichen Bericht über den Studienaufenthalt

- **Mindestumfang:** Fließtext 1 Seite DinA4
- **Inhalt:** Gastuniversität, Kurse, Prüfungen, Mitstudierende, Unterkunft, etwaige Schwierigkeiten etc.

BERICHT ÜBER DEN STUDIENAUFENTHALT

Gastuniversität: TUFS will provide you with plenty of information regarding all the paperwork you have to do since your arrival. You will get manuals about everything, information meetings, etc. They will go to the city hall in your behalf to register you, and help you with the bank application, insurance, etc. If you read the information provided, all will be easy. They seem strict at the beginning, but actually they are quite flexible since they don't have many written, fixed regulations, especially for exceptional situations.

There is a study room in the dorms (where you can study with AC and heating, so you don't have to pay your own), and a library at campus. I loved the library. It also has a section of Japanese and Asian literature, classic and contemporary, in English, and of course endless books in Japanese.

The mensa is also cheap and can be healthy. But it will always be cheaper to cook your own, if you get a rice cooker, for example.

Kurse: The level of difficulty is lower than in Vienna (I think in other Japanese universities is the same). You will get good grades in general, have to write shorter papers, etc. The Japanese language courses can be hard, though, especially if you get assigned to a level higher than your actual one. But I think it's ok to face that challenge. In my experience, focused courses are more demanding and productive than the integrated one. If you go two semesters, you can do integrated the first semester, and focused courses during the second semester.

Prüfungen: Probably you will only have exams in the integrated and focused language courses. The regular courses in English are based on essay or weekly submissions. The busiest times will be midterm and finals, but not really that busy, if you work regularly.

Unterkunft und Campus: I stayed at dorm 2 (which I got per lottery). It was the cheapest, with shared showers but private WC. For me was the best option, to be honest. I don't mind to share showers (less to clean, and less water expenses). The 3 dorms have their advantages and disadvantages. The 3 is expensive but has a nice common room where people hang out and make friends, etc. So don't worry too much about the dorm. They will help you with the water and electric appliances, that you will have to pay on your own later (easy process at konbini). They will provide you with bedding (you have to pay 10000yen) and internet. The monthly fee can get automated through the bank. I don't have experience in renting your own flat, but it is much more expensive due to the initial costs (key



money, Kaution that u normally don't get back, insurance, etc.) Unless you want to leave in the center of Tokyo, I don't think is worth it to rent your own flat in the surroundings of campus. If you leave near campus, better stay at the dorms.

About house-hold items. Don't go to Daiso... There is a couple of hard-off and house-off in the surroundings. They are second hand stores with everything you can imagine for the kitchen, bathroom, toys, sportswear, house appliances... I bought a lot of clothes there too. In the House-off next to the cemetery there are bikes too.

I recommend you to get a bike, because in the campus area, distances to supermarket, hard-off, daiso, tobitakyu station... are around 15 min walking, what is quite annoying. You can research in the internet where to find places to buy a second-hand bike. You can also buy a medium cheap one at Donki. To go Shibuya, Shinjuku the Keio Line from Tobitakyu is half the price as with the Chuo line from Tama station.

There a couple of family-run shops of groceries on the other side of Tama station. Not expensive and local.

Gym: There is a gym in campus but only those who belong to sports club can use it, and not all sports clubs, but anyway many students used it without belonging to a sports club. There is also the Musashinomori sports center with gym and swimming pool in front of the Ajinomoto Stadium. It is 500yen per use. I went there quite often and other students too. And it has a public bath inside, perfect after work-out!

Mitstudierende: If you want to hang out with Japanese students, I recommend you to join different clubs. There are many, on all topics you can imagine. The registration period is at the beginning of the semester, some are very strict so you should pay attention, especially for clubs like cheerleading, acapella (lines), kpop dance, team sports or music clubs (pop, jazz, salsa, big bang, etc), because they form the bands at the beginning of the semester. I joined the track&field club and later the Salsa club (salsa orchestra), both very chill with deadlines. On the tufs website you can find a list, and then you should look for them in Instagram and write them directly there. There is also the Let's club for exchange between international and Japanese students, but they mainly organize tandem partners at the beginning of the semester (check their ig to not miss the deadline). I recommend you to join the buddy program too. Your buddy (if it's actively helping you) will connect you with other Japanese students and their buddies for gatherings, probably people learning your same language too.

In the regular courses in English, where you share class with Japanese students, you should approach them directly. They are normally very happy to connect, but won't approach you in the first place. Especially if they learn your language or English, you have a good chance to make new friends.

There is also a LINE group chat of international students. Ask around and join it and you won't have problems to make international friends.

The International Students Support Office, which is in dorm 2, organizes events for cultural exchange with locals (families, people from the neighborhood) and to promote Japanese culture, day trips around Tokyo, etc. Good chance to meet people and for cultural exchange. Probably you will get emails about some of their events, just register on time.

Praktikum: Through contacts from my previous job in Austria, I applied and got an internship in a cultural facility in Shibuya. If you have such opportunity, make use of your contacts and try to get the best out of the practical ECTS. Any place in Tokyo will be a better experience than in Vienna, where is difficult to find a properly Japan-related Praktikum. The university also offers some internships, you can ask at the international student office.

Connections, activities in general: If for some reason you want to make friends out of the university, I recommend you Bumble BFF, it is the mode of the Bumble app to make friends. I connected with cool people through this app and kept meeting them regularly for different activities. Through the Meet up website and app you can also make connections related to hobbies (for example, my friend who was into Lolita fashion went to many Lolita meetings through Meet Up). In Tokyo there are groups for all kinds of activities.

For the lgbtqi+ community there is also a specific LINE chat to organize going out in nichoume (Shinjuku area), at least in my year there was such group chat.

For underground concerts check the website Tokyo Gig Guide and for art exhibitions and galleries the website Tokyo Artbeat.

