



BERICHTSFORMULAR

Non-EU Student Exchange Programm

2022/2023

BewerbungsID 12846

Nominierte Studienrichtung: 033/638 Studienrichtung Bachelorstudium Ernährungswissenschaften

Angaben zum Aufenthalt:

Gastinstitution: Macquarie University - (Australien)

Aufenthaltszeitraum: WS 2022/2023

Aufenthaltsbeginn: 11.07.2022 Aufenthaltsende: 02.02.2022

| STIPENDIUM | |
|--|---|
| Stipendium Uni Wien gesamt laut Zuerkennung: (inkl. Zuschüsse für Reisekosten und Sprachtest) | € Rückforderung: nein Rückgeforderter Betrag: € Rückforderungsgrund: |
| Weitere Stipendien (zB Jasso, Studienbeihilfe): | Weitere Stipendien: Nein <ul style="list-style-type: none"> • Stipendium des Gastlandes: nein () • Bundesländerstipendium: nein • Studienbeihilfe: nein • Sonstiges Stipendium: |
| Summe weiterer Stipendien: | € |
| Gesamtsumme aller Stipendien: | € 0,00 |

| KOSTEN DES AUSLANDSAUFENTHALTS | |
|---------------------------------------|----------------------|
| Unterkunft: | € 3.900,00 |
| Art der Unterkunft: | Studierendenwohnheim |
| Reisekosten: | € 1.300,00 |
| Lebenshaltungskosten: | € 3.000,00 |
| Studienkosten: | € 20,00 |
| Versicherungskosten | € 390,00 |
| Visakosten: | € 410,00 |
| Gesamtkosten des Auslandsaufenthalts: | € 9.500,00 |

Bericht veröffentlichen:



PERSÖNLICHER BERICHT

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Verfassen Sie bitte einen persönlichen Bericht über den Studienaufenthalt

- # **Mindestumfang:** Fließtext 1 Seite DinA4
- # **Inhalt:** Gastuniversität, Kurse, Prüfungen, Mitstudierende, Unterkunft, etwaige Schwierigkeiten etc.

BERICHT ÜBER DEN STUDIENAUFENTHALT

University

The Macquarie University is a very modern campus located north west of Sydney's CBD. There is always something going on and there is never a boring week at the uni. In the central courtyard there's a huge variety of different cuisines (great place to get a job) and there are countless study spaces (recommend the rooftop garden at the arts building). Lots of societies to get involved in and the gym is very modern and well located on campus. The uni also offers lots of after class help sessions for improving writing skills, reading, mentor help with modules, etc.

The only downside of the university is its location in Sydney. It's about a 40min bus drive away from the city centre and a bit longer from the beaches. Otherwise, it is located right beside Lane Cove National Park which is very nice for walks and the lake on campus is a great spot for relaxing.

Courses/Modules

In the beginning, I had to apply for prerequisite waivers for all the modules I wanted to do which was uncomplicated. Some modules have strict requirements though, so I couldn't do the modules which I had originally wanted and ended up doing completely different ones which were still quite interesting. I felt that the standard of teaching was much lower when compared to Vienna and the classes are very school-like. The quality of the content was still very high and having assignments due throughout the semester meant that you didn't have a big stressful exam at the end and allowed you to prepare a bit easier. You are required to do 3 or 4 modules during one semester. I did 3 and found the workload very manageable alongside a part-time job and social life. In terms of Nutritional based modules, unfortunately, Macquarie Uni doesn't offer many nutritional-related modules, but I did three random ones in the fields of geography and linguistics which I was able to count towards my extension curricula.

The assignments were mainly essay writing and research projects. The University gets very creative with project assignments, for example, I had to make a YouTube video on a studied city in the global south and a few friends had to make a podcast or create a website. I only had one exam in the end, which was held online.

Social Life



During the O(rientation)-week there were lots of activities to take part in and meet new people. There were walking tours of the campus, games, educational talks and all the societies set up stalls in the main courtyard, where I would encourage you to talk to all of them (and you might get some freebies or food). I joined to exchange society which was a bit of a disappointment as I had read previously that they always did activities for the exchange students but we had maybe one pizza night and one surf day during the whole semester. The gym also offers different group classes like salsa, Zumba, HIIT and pilates which is also a great way to meet other students.

Accommodation

I stayed at the Macquarie University Village which is located right beside the campus. It is not officially run by the university but they work hand in hand a lot. The village had its own O-week which was probably better for meeting people, especially because everyone lived in the same area. The village has two sides to it, the east side and the west side. The west side is a bit more expensive but is also a lot more modern than the east side. We ended up getting a discount for the rooms so we ended up paying \$250 a week instead of \$340 so might be worthwhile trying to get a discount too. We arrived in July which is the middle of winter in Australia and to our surprise it was actually cold and the houses are not built with insulation in Australia so be prepared to buy warm clothes or a small heater during the winter months. The accommodation itself was not amazing and a lot of the houses had mold growing on the living rooms and sometimes in the bedrooms. The village was great for meeting new people and I've made friends for life through living there but I wouldn't recommend anyone to stay there for longer than a semester. The location was good for grocery shopping as there was a Woolies a 15minute walk away and the Macquarie Shopping centre was also a 20 minute walk away, or else you could get any of the busses (410, 288, 292) which also drive into Sydney CBD. The kitchens are nice and big in the accommodation but very little is provided when you first move in. We had to buy a kettle and toaster for example.

They are a bit annoying for noise levels in the evening and any party would get shut down fairly quickly which was annoying. At times security would even be called on us even through we would just be playing Uno and drinking hot chocolate after the exam period (the didn't shut it down but it was still frustrating as we felt like we were being treated like children again and not the adults that we are)

Overall I wasn't really confronted with any problems and would say that the semester abroad was one of the best decisions in my life.

As mentioned earlier on, I've made friends for life who I will be visiting all over the world. Not only that but I got very close with the other students from the University of Vienna which is a bonus for when we are back in Vienna.

Sydney is an amazing city and has lots to offer. The beaches are incredible, and the Blue Mountains are not too far away from the city, making a nice day or even weekend trip. Public transport in the city is not comparable to the public transport in Vienna but it was still good. We were able to get everywhere, where we wanted to go even if it did take a bit longer. Exchange students are entitled to a Concession Card which also makes traveling a bit cheaper than with an adult card.

If anyone has any doubt about applying, I would say just go for it! When are you going to have an amazing opportunity like this again? It's a great opportunity to improve your English, make new connections and experience a different teaching style which is a huge benefit in the working world.

You will have enough free time to travel around Australia or surrounding countries which is an amazing experience and will definitely build on your personality.